

Year 4 Religious Education Autumn Term: Is it possible for everyone to be happy?

To begin our enquiry of “How does religion shape how people live their lives?” we will focus on the life of the Buddha, including his teachings which focus on living the right way, harming no living thing and being mindful of others and circumstances around you. Children will also reflect on the teachings of the Noble Eightfold Path and consider how this can impact how someone may live their life

Key skill: I can recall and describe different religions and worldviews, and the ideals and values connected with them.

We will be able to:

- Show our knowledge of the key teachings of the Buddha help Buddhists approach life via the middle way.
- Knowledge that attachment to things leads to suffering so Buddhists try not to be materialistic.
- Demonstrate our understanding that the Buddhist teachings focus on living the right way, harming no living thing and being mindful of others and circumstances around you

To deepen our learning, we will:

- Consider how Buddhist teachings focus on living the right way, harming no living thing and being mindful of others and circumstances around you
- Reflect on what true happiness looks like

To celebrate our learning, we will:

Pupils will create ‘A Guide to Happiness’

- Children will make a simple ‘be happy’ book, thinking about what can help someone to live a happy life
- They will consider their own views of happiness as well as reflect on the Buddhist way of life

Vocabulary:

Siddhattha Gautama: born in Nepal, he began the religion of Buddhism

Buddha: when Siddhārth found Enlightenment, he became Buddha

Enlightenment: full awakening where all limitations have been removed from the mind

Noble Eightfold Path: a teaching of Buddha, it is the path to the end of suffering

Mandala: a symbolic picture of the universe

Dharma Wheel: a symbolism of Buddhism, represents the teaching of Buddha

Thangka: a Tibetan Buddhist painting depicting a Buddhist deity, scene, or mandala

Alms Bowl: a begging bowl, a very important object in the daily lives of monks



How does this link to previous and future learning?

Year 1: What stories did Jesus tell us and what lessons can we learn from these?

Year 2: What is the best way for a Jew to show commitment to God?

Year 4: What is the best way for a Buddhist to lead a good life?

Year 5: How far would a Sikh go for his/ her religion?

Year 6: Does belief in Akhirah (life after death) help Muslims lead good lives?

Driver:

Respect

Determination

Creativity

Confidence

Enthusiasm

Ambition