



Pegasus Primary School
The best in everyone™
Part of United Learning



Orchard Meadow Primary School
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Physical Education Curriculum

Curriculum Intent Statement

At Orchard Meadow pupils will have the opportunity to develop a broad range of skills and learn how to apply them in different ways. The curriculum is designed to develop fundamental movement skills and give all pupils the knowledge and cultural capital they need to succeed in life. Pupils will be challenged to achieve their personal best and see the best in everyone, whether in lesson or at competition.

Physical Education will promote a love of learning through a child centred approach, shifting responsibility to our learners, with our key drivers at the very heart; Respect, Determination, Creativity, Confidence, Enthusiasm and Ambition.

Key driver	Outcome	Enquiry Q
Respect	I can show active compassion with others in-order to empower them with their learning. I apply empathy in lessons demonstrating my ability to understand and share my feelings with another.	What does good sportsmanship look like?
Determination	I can understand how Growth mind-set can help me develop my abilities and others through dedication and hard work. It is through hard work and working with quality that I will improve my fundamental movement skills.	How can you achieve your personal best?
Creativity	I can overcome barriers by successfully dealing with them head on. I understand I will need to respond with imagination and disguise in order to improve performance.	How can you outwit an opponent during competition?
Confidence	I will develop an appreciation of my own quality through regular practice and use the opportunities in lesson to showcase this. I understand how confidence can affect performance and will work independently and collaboratively to practice this.	How can I use physical education to improve self-esteem?
Enthusiasm	I can understand that I must approach all tasks with enthusiasm and a commitment to learning if I want to improve. I will embrace tasks I cannot currently achieve easily and demonstrate the drive and practice it takes to be successful.	Why must athletes retain their interest and enjoyment in sport to be successful?
Ambition	I am inspired by sports people and want to mirror their ambition to reach success in my own learning. I understand I can become an inspirational character for others and will embrace this challenge.	What is the consequence of remaining in your comfort zone?

Driver	Respect	Determination	Creativity	Confidence	Enthusiasm	Ambition
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Click here for our PE [Roadmap](#) of skills. This shows how content is built progressively.

And, click here for [Our PE Skills Progression document](#) shows how multi-abilities build over year groups from Year 1 to Year 6.

